

## The Aliens Inside Mt. Shasta

Towering 14,179 feet above sea level, Mt. Shasta is a dormant volcano in the Cascade Range in Northern California. Its snowcapped peak has been surrounded by mystery and legend since indigenous people first encountered it thousands of years ago.

But things got really strange in 1884 when a teenager named Frederick Oliver, from the nearby town of Yreka, first saw the mountain. He immediately fell into a trance. And then, under the control of what he claimed were “other forces,” Oliver wrote a book called *A Dweller on Two Planets*. It tells the history of Mt. Shasta, which Oliver claimed was channeled directly to his mind by an immortal creature named Phylos, whose race, the Lemurians, once lived on a Pacific Ocean continent called Mu. Like Atlantis, Mu was a “lost continent” that modern scientists say never existed.

Lemurians, Oliver wrote, talk to each other telepathically in a language called Solara Maru, but Phylos spoke English to Oliver (curiously, with an English accent). Oliver described the Lemurians as physically stunning—more than seven feet tall with long, flowing hair and lean, graceful bodies. They wore white robes lined with sacred stones.

Technologically advanced even by today’s standards, the ancient Lemurians developed water generators, antigravity machines, high-speed trains, and devices comparable to

cellular phones and televisions. But then, one night about 12,000 years ago, Mu began shaking and sinking into the sea. The 25,000 Lemurians boarded tall ships bound for the uninhabited land of what is now Northern California. They chose Shasta because it's "the earthly incarnation of the Great Central Sun, the source of all physical and spiritual energy in the universe."

Once there, their engineers hollowed out the mountain and constructed a subterranean city called Telos. According to Oliver/Phylos, floating in the sky directly above Mt. Shasta is yet another Lemurian city: "The Crystal City of the Light of the Seven Rays." It's visible only to the most tuned-in human psychics, who describe it as a huge, floating, purple pyramid, the point of which extends into space. From within the Crystal City, the Lemurians operate interplanetary, interdimensional spaceships called the "Silver Fleet" (which would seem to explain all of the UFO sightings near Mt. Shasta). The Lemurians represent our galaxy in the intergalactic "Confederation of Planets."

Today, Mt. Shasta, and the town that shares its name, is a hot spot for the New Age movement. To thousands of people, *A Dweller on Two Planets*—which is still in print today—is not a science fiction book...but the source material for their belief system.